

## VA COMMUNITY CARE

# MEDICAL MASSAGE

## COVERED BY YOUR VA BENEFITS

If your VA provider determines that massage therapy is medically necessary, you may be eligible to receive care through the VA Community Care Network with Zeel.

*You Served.  
Let Us Support You.*

★  
**RELIEVE PAIN.  
RESTORE MOBILITY.**

*Improve Your  
Quality of Life.*

## ★★★ HERE'S HOW IT WORKS ★★★



1

### GET A REFERRAL

Receive an approved referral from your VA Primary Care Provider for massage therapy at home.



2

### BOOK YOUR MASSAGE

Once Zeel receives the referral you'll get a link to schedule your first treatment online or by phone.



3

### GET LASTING RELIEF

Zeel will send a licensed, insured massage therapist for treatment **in your home** or **locally at ELMNT Wellness** on your schedule.



### VA COMMUNITY CARE NETWORK

Zeel is a VA-authorized provider of medical massage therapy through the VA Community Care Network.

- ✓ Licensed & Insured Therapists
- ✓ Care in the Comfort of Your Home or Locally at ELMNT Wellness
- ✓ No Cost to Eligible Veterans



★  
**HONOR.  
HEAL.  
THRIVE.**

904.413.7006  
elmntwellness.com

1638 Corsair Lane, Suite 305  
Middleburg, FL 32068



**DEDICATED TO YOUR WELLNESS. PROUD TO SERVE THOSE WHO SERVED.**

# IF YOUR VA REFERRAL *Has Been* APPROVED! ✓

## SCHEDULING YOUR MEDICAL MASSAGE WITH ZEEL IS EASY

Zeel is part of the VA Community Care Network and makes it simple to schedule your authorized massage therapy treatments.



★  
WE'RE HERE  
TO HELP YOU

*Heal. Restore.  
Feel Better.*

### 3 EASY STEPS

#### 1 SCHEDULE YOUR APPOINTMENT



Once Zeel receives your approved VA referral, you can schedule your massage:



ONLINE:  
[va.zeel.com](https://va.zeel.com)



BY PHONE:  
(877) 438-9335



EMAIL:  
[va@zeel.com](mailto:va@zeel.com)

#### 2 CHOOSE A TIME THAT WORKS FOR YOU



Zeel allows you to book appointments that fit your schedule.



Appointments can generally be requested as early as **48 hours** after booking, subject to therapist availability.

#### 3 RECEIVE CARE



Depending on your referral and available providers, your massage may be provided:



IN THE COMFORT  
OF YOUR HOME

OR



AT A PARTICIPATING  
TREATMENT OFFICE,  
such as ELMNT Wellness.



#### NEED HELP SCHEDULING?

If you're having trouble using the website or prefer speaking with someone, Zeel's Veteran Support Team is here to help!



CALL: (877) 438-9335



EMAIL: [va@zeel.com](mailto:va@zeel.com)



VISIT: [va.zeel.com](https://va.zeel.com)

#### HELPFUL TIPS BEFORE YOU BOOK



Have your  
VA referral  
available.



Be ready to  
verify your name  
and date of birth.



If someone is  
helping you schedule,  
have your ICN number  
available to match  
your referral.

#### ALREADY SCHEDULED?



After your appointment is confirmed, your therapist will arrive at your scheduled appointment time and provide treatment based on your VA-authorized plan of care.



#### PREFER LOCAL CARE?

If your referral allows treatment at a participating office, ask about scheduling your massage at

#### ELMNT WELLNESS

1638 Corsair Lane, Suite 305  
Middleburg, FL 32068  
904.413.7006  
[elmntwellness.com](https://elmntwellness.com)

- ✓ Licensed & Insured Therapists
- ✓ Care in the Comfort of Your Home or at a Local Office
- ✓ Coordinated Through the VA Community Care Network
- ✓ Focused on Pain Relief and Improved Mobility

YOU SERVED FOR US. LET US SUPPORT YOUR RECOVERY.

Thank You for Your Service. ♥