



WELLNESS

SENSEUS FINE

# NAD+ THERAPY

## WHAT IS NAD+?

NAD+ (Nicotinamide Adenine Dinucleotide) is a naturally occurring coenzyme found in every cell of the body. It plays a critical role in how your body produces energy, repairs cells, and maintains overall balance. As we age, NAD+ levels naturally decline. Lifestyle factors such as stress, poor sleep, and environmental exposure can also impact these levels over time.

### NAD+ SUPPORTS ESSENTIAL CELLULAR FUNCTIONS

- Convert nutrients into cellular energy (ATP production)
- Support mitochondrial function (your body's energy centers)
- Assist in cellular repair processes
- Regulate metabolic and neurological activity

### POTENTIAL BENEFITS

*Individual experiences may vary*

- Increased energy levels and reduced fatigue
- Mental clarity and focus
- Recovery from physical or mental stress
- Overall cellular and metabolic function
- Healthy aging support

NAD+ also plays a role in activating enzymes called sirtuins, which are associated with cellular health and longevity pathways.

## WHAT RESEARCH SHOWS

- NAD+ levels can decline by up to 50% between ages 40-60, depending on lifestyle and health factors
- NAD+ is essential for mitochondrial function, which supports the body's ability to produce energy
- Research has shown that NAD+ plays a role in activating enzymes linked to cellular repair and longevity pathways
- Studies suggest NAD+ availability is connected to metabolic health and cellular resilience

*Research is ongoing, and NAD+ therapy is intended to support overall wellness; not to diagnose, treat, or cure medical conditions.*

### How Often Should You Do NAD+?

Frequency is based on your goals and how your body responds

#### Most clients follow a structure of:

Initial series for consistency

Followed by maintenance sessions as needed

Your provider will help guide a schedule that works best for you

Package pricing is available on the next page

### Important Notes

NAD+ therapy is a wellness service and not a medical treatment  
All services require intake and may require medical clearance  
Results are not guaranteed and vary from person to person



WELLNESS

NAD+ TIERS

NAD+

IV & IM

NAD+ IV THERAPY

NAD+ IV therapy delivers NAD+ directly into the bloodstream for efficient absorption.

What to Expect:

- Sessions typically last 2-4 hours, depending on dose
• Administered slowly to support comfort
• You'll be relaxed in our Alchemy Lounge during your session

Common Sensations

Some clients may experience:

Warmth, flushing and mild Nausea
Mild chest or abdominal tightness
These effects are temporary and are managed by adjusting the infusion rate.

NAD+ IM INJECTIONS

NAD+ can also be administered as an intramuscular (IM) injection.

What to Expect:

- Quick appointment (5-10 minutes)
• Lower dose compared to IV
• Ideal for maintenance between infusions
• Administered Intermuscular

Best For:

Clients looking for convenience
Ongoing support between IV sessions

PACKAGE TIERS

NAD+ protocols are customized based on individual tolerance and goals.
At-home injections require training, signed consent, and provider approval.
All services are subject to medical clearance.
Results vary by individual.

Table with 5 columns: Focus, NAD+ IV Therapy, NAD+ IM Injections, Package Investment. Rows include Reset, Rebalance, Rebalance Plus, and Optimization.

This premium NAD+ wellness protocol involves significant NAD+ dosing, specialized clinical materials, and dedicated one-on-one registered nurse monitoring and administration time to create a high-touch therapeutic experience.



WELLNESS

TERMS  
NAD+

# Terms & Conditions

## **Alchemy VIP & NAD+ Program Purchase Agreement**

By purchasing any program or package from ELMNT Wellness, the client agrees to the following terms and conditions. This agreement applies to all IV therapy, NAD+ therapy, injection services, and bundled wellness programs offered by ELMNT Wellness.

All program and package purchases are final. Payment in full is required at the time of purchase unless otherwise agreed in writing. By completing the transaction, the client authorizes ELMNT Wellness to charge the provided payment method for the total agreed amount. The name on the payment method must match the client receiving services, and a valid government-issued identification may be required to verify identity. ELMNT Wellness reserves the right to request additional documentation for transactions exceeding \$5,000 in accordance with payment processing requirements.

All services included in a package or program are non-refundable, non-transferable, and may not be exchanged for other services, cash, or credit. Unused services will not be refunded. Once a program has begun, no substitutions or modifications will be permitted unless deemed necessary by ELMNT Wellness for safety or medical reasons.

Appointments must be scheduled in accordance with the structure of the selected program. Programs are designed to support consistency and safe utilization of services. Failure to attend scheduled appointments, late cancellations, or no-shows may result in forfeiture of that session. ELMNT Wellness reserves the right to reschedule services due to provider availability, operational needs, or medical considerations.

All services are subject to medical clearance and provider approval. Clients acknowledge that IV therapy, NAD+ therapy, and injection services are wellness-based services intended to support the body's natural processes and are not a substitute for medical treatment. Individual results and experiences may vary.

*In the event that a licensed provider determines that continuing services may pose a health risk or if the client experiences an adverse reaction, ELMNT Wellness reserves the right to discontinue the program for the client's safety. In such cases, any remaining balance may be converted to a studio credit for other eligible services, or a prorated refund may be issued at the sole discretion of ELMNT Wellness based on services already rendered.*

All services must be used within the designated timeframe associated with the program or package. Any services not used within that timeframe may be forfeited.

By completing the purchase, the client acknowledges that they have read, understood, and agree to all terms outlined in this agreement. The client further agrees that any payment disputes or chargebacks will be addressed using this agreement and any supporting documentation as evidence of authorization and acceptance of services.