



WELLNESS

STOP 70



SERVICES MENU

COLON HYDROTHERAPY

First session includes a consultation and 45min service for a 90min total session
Every session after is scheduled for 60min.

First Time Session 90 min – \$125

3 Pack – 3 x 60 min - \$325

5 Pack – 5 x 60 min - \$525

INFRARED SAUNA

30 min – \$30

6 Pack 30 min – \$160

8 Pack 30 min – \$200

50 min – \$50

6 Pack 50 min – \$250

8 Pack 50 min – \$350

LYMPHATIC MASSAGE

30 min – \$60

50 min – \$125

Post-Op Session Packages

6 Pack 30 min – \$295 3 Pack 50 min – \$325

10 Pack 30 min – \$485 6 Pack 50 min – \$640

*Ask About In-Home Post-Op Lymphatic
Available w/Travel Fee*

RED LIGHT

Red Light Therapy

30 MIN – \$30

3 Sessions – \$80

5 Sessions– \$120

HALOTHERAPY

20 min – \$35

6 Pack 50 min – \$200

10 Pack 50 min – \$300

ADD-ON SERVICES

Bentonite Clay Detox Foot Soak

30min for \$30

PEMF Therapy

30min for \$30

Vibration Plate & Dry Brushing 20min for \$20

COMPRESSION THERAPY

30 min – \$35

3 Pack – \$95



SEE [IV THERAPY](#) MENU FOR MORE...



SESSIONS

Ether Meditation - Thursday mornings from 8-9am 50 min – \$40

Air Breathwork - Saturday mornings from 8-9am 50 min – \$40

904.413.7006

WWW.ELMNTWELLNESS.COM