



WELLNESS

STUDIO



SERVICES MENU

COLON HYDROTHERAPY

First session includes a consultation and 45min service for a 90min total session
Every session after is scheduled for 60min.

First Time Session 90 min — \$125

3 Pack — 3 x 60 min - \$325

5 Pack — 5 x 60 min - \$525

LYMPHATIC MASSAGE

30 min — \$75

50 min — \$125

Post-Op Session Packages

6 Pack 30 min — \$460 3 Pack 50 min — \$350

10 Pack 30 min — \$750 6 Pack 50 min — \$660



Ask About In-Home Post-Op Lymphatic

Available w/Travel Fee

Certified Post-Operative Lymphatic Care



Certified in Massage Therapy for

Lipedema & Lymphedema Care

\$135 In-Home Care Available w/Travel Fee



zeel
provider

Ask about your VA Medical

Massage through Zeel and the VA

Community Care Network

ADD-ON SERVICES

Bentonite Clay Detox Foot Soak

30min for \$30

INFRARED SAUNA

30 min — \$30

6 Pack 30 min — \$160

8 Pack 30 min — \$200

50 min — \$50

6 Pack 50 min — \$250

8 Pack 50 min — \$350

RED LIGHT

Red Light Therapy

30 MIN — \$30

3 Sessions — \$80

5 Sessions— \$120

HALOTHERAPY

20 min — \$35

6 Pack 50 min — \$200

10 Pack 50 min — \$300

COMPRESSION THERAPY

30 min — \$35

3 Pack — \$95



SEE [IV THERAPY](#) MENU FOR MORE...



SESSIONS

Ether Meditation - Thursday mornings from 8-9am 50 min — \$40

Air Breathwork - Saturday mornings from 8-9am 50 min — \$40

904.413.7006

WWW.ELMNTWELLNESS.COM